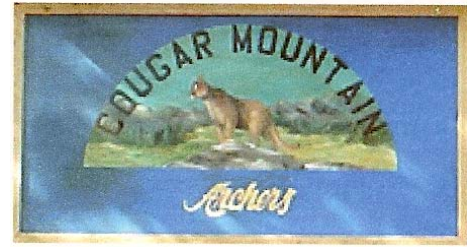


COUGAR MOUNTAIN News Briefs



A Monthly Publication of Cougar Mountain Archers, Inc.

July/August, 2005

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Vice President

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Secretary/Treasurer

Julie Clawson

Range Captains

Hunter Round

Randy Pope

Field Round

Larry Angel

Animal Round

Jim Clawson

Compound Captain

Tracy Albro

EDITOR

Joyce Cabrera

emiliocabrera@comcast.net

Visit our website at:
www.cougarmountainarchers.com

CLUB CALENDAR

September **06** Meeting, Blueberry Twist, Oroville, 7 p.m.
 11 Club Shoot

Please note: Due to the upcoming hunting season, there is no meeting scheduled for the month of August.

PRESIDENT'S MESSAGE

Well here we are almost at the end of July and hunting season is upon us again. I hope all who hunt have good luck and fill their tags. For those lucky enough to get to go out of state to hunt also I hope your trips are memorable. There are some that got drawn for special hunts in state so I wish them the best of luck.

We will have no work days for awhile so everyone can relax when they go to the range for that much needed PRACTICE at the paper targets.

Good Hunting to All and thanks to all members for their support of our club.

Thank you..... SHOOT EM STRAIGHT..... Darryl

INSIDE THIS ISSUE

Attached is a Waiver/Release form that the insurance company, Sadler & Company, Inc., now requires each member to sign. Please fill out, sign and return ASAP to: **Julie Clawson, 881 Brandonbury Lane, Chico, CA 95926.**

Additional forms may be obtained from the CMA website. If you are unable to copy and/or print the needed forms you may contact either Darryl or Joyce and copies will be mailed to you. Contact Darryl if you have questions.

BRAND NEW FEATURE

With permission granted by Chef Phil Martinelli, "Cooking With Uncle Phil!" has been added to the newsletter. Look for this feature in this and in future issues. I hope you enjoy his wild game recipes as I do.....JC

RECOMMENDED READING

OHV (Off Hiway Vehicles) Closures by Wayne Raupe, June issue, CBH/SAA newsletter, page 8.

JULY MINUTES

See the actual printed newsletter for the minutes of the last meeting.



WELCOME NEW MEMBERS

Hank W. Wisner

Donovan Curry

Andrew and Tamsen D'Souza

Joe and Joan Becker

CBH CALENDAR OF EVENTS, 2005 — NORTH

AUGUST

07	Nevada County Sportsmen 3-D;Unmarked	Nevada City	
07	San Francisco Archers 1,000,000 BC	Pacifica	

SEPTEMBER

24/25	Traditional Archers of CA Rancho Neblina Traditional Rendezvous	Petaluma	707-763-6574
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BRAND NEW FEATURE!!

Cookin' With Uncle Phil!

By Phil Martinelli



Bagging a Wild Turkey

Uncle Phil's simple roasted turkey with an Italian flavor.

1. One Wild Turkey
2. One Reynolds Oven Bag (Turkey Size)
3. Six to Eight pieces of Italian Pancetta (Italian bacon-enough to cover the breast)
4. 1 pack dry onion soup mix
5. 2 cups of white wine
6. Six-eight new potatoes
7. One medium onion
8. Two cups of baby carrots
9. Poultry seasoning (rub)
10. Sprigs of Rosemary
11. Extra Virgin olive oil

Preheat your oven to 350

Shake flour in Oven Bag place in roasting pan (at least 2 in deep)

Add vegetables to the bag

Add dry onion soup mix and white wine cover the vegetables with sprigs of rosemary.

Rub your bird with olive oil

Season the bird with poultry seasoning/salt and pepper to taste

Place Italian Pancetta on breast of bird. (I use toothpicks)

Place bird in the lightly floured *Oven Bag* with the vegetables.

Cut 6 - 1 inch slits in the top of the bag and close the bag with the tie wrap provided.

Place in oven and cook following the instructions from cooking bag by weight.

2 - 2 1/2 hours for 12 - 16 lbs.

2 1/2 - 3 hours for 16 - 20 lbs.

3 - 3 1/2 hours for 20 - 24 lbs. (I hope you had the bird weighed on a certified scale because he is surely in the record book)

Tips:

Never use wine that you would not drink.

Use good Olive Oil Extra Virgin (I use Sunset Olive Oil produced by Franco Giannecchini long time NWTF member and donor)

Don't over cook the turkey. Best when meat thermometer reads 180

If you stuff the bird allow and extra 1/2 hour cooking time.

Let turkey cool for at least 15 min. before cutting open the bag carving the bird.

Remove the rosemary sprigs before serving the Vegetables. (Taste for salt and Pepper)

Remaining liquid can be used to make country gravy by adding flour (best results when using a roux)

THE CALIFORNIA YELPER
The Newsletter of the California Chapter
National Wild Turkey Federation

Waiver/Release
ARCHERY CLUB WAIVER AND RELEASE OF LIABILITY
READ BEFORE SIGNING

In consideration of being allowed to participate in any way in **Cougar Mountain Archers, Inc.**
Legal Name of Your Archery Club

events and activities, the undersigned acknowledges, appreciates, and agrees that:

- 1) The risk of injury from archery and other known and unknown events and activities and/or the use of the related buildings, structures, equipment, automobiles, firearms, weapons, ATV's, boats, tree stands, roads, bodies of water, land and all other real and personal property whether owned by archery club or others is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,
- 2) I acknowledge and agree that the use of archery equipment, firearms and other weapons by myself or others on club premises or otherwise are inherently dangerous and high risk activities whether such archery equipment, firearms or weapons are discharged by myself or others; and
- 3) I KNOWINGLY AND **FREELY** ASSUME ALL SUCH RISKS, both known and unknown, **EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES** or others, and assume full responsibility for my participation; and,
- 4) I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,
- 5) I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, **HEREBY RELEASE AND HOLD HARMLESS** **Cougar Mountain Archers, Inc.** (Legal Name of your archery club) its officers, directors, officials, agents, employees, volunteers, members, guests, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of real property and personal property used to conduct the events and activities ("RELEASEES"), **WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, TO THE FULLEST EXTENT PERMITTED BY LAW.**

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Participant' Name

Date Signed: _____

Participant's Signature

**FOR PARTICIPANTS OF MINORITY AGE
(UNDER AGE 18 AT THE TIME OF PARTICIPATION)**

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above of all the Releasees, and for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child's involvement or participation in these events and activities and/or the use of related real and personal property as provided above, **EVEN IF ARISING FROM THEIR NEGLIGENCE.**

Name of Parent/Guardian

Date Signed _____

Parent/Guardian Signature

Emergency Phone Number: () _____

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Are Participants Required to Sign a Waiver/Release Form?

Yes it is a mandatory requirement under the NFAA endorsed insurance program.

The signing of waiver/release agreements is quickly becoming a universal requirement for organized sports and recreation participation. Waiver/release forms are now required by virtually all of the following organizations: municipal recreation departments, YMCA's, health clubs, private sports organizations, etc.

Waiver/release agreements give protection to the insured archery club and its covered persons against a litigation system that is out of control as evidenced by numerous frivolous lawsuits being filed. A well-written waiver/release (such as the one that has been provided as a sample) can often result in the summary judgment dismissal of a lawsuit filed by an adult if the injury is not characterized by gross negligence. However, even if the lawsuit is dismissed on summary judgment, the legal defense costs can still be in the \$10,000 to \$20,000 range.

In the case of a lawsuit filed by a minor participant (under age 18), waiver/release agreements will not usually result in a quick win on summary judgment, but will ultimately result in an up to 35% reduction in the settlement or adverse jury verdict costs.

What if a Participant Balks at Signing a Waiver/Release Form?

You should hold firm on your requirement and not make exceptions for a complaining participant. Typically, very few participants complain and a waiver/release requirement will not drive them away.

Should a participant complain or ask questions, you should cover the following "talking points":

- 1) Why do you object?
- 2) The archery club is merely following the lead of municipal recreation departments, YMCA's, health clubs and private sports organizations in making this a mandatory requirement.
- 3) The litigation system in the US is out of control and the scales are tilted in favor of those filing lawsuits—many of which are totally frivolous and without merit. However, even these groundless lawsuits can easily result in legal defense costs of \$50,000.
- 4) The cost of legal defense and run away settlements and jury verdicts drives up the cost of insurance and threatens the future survival of archery clubs and the availability of volunteers upon which they depend.
- 5) Requiring participants to sign waiver/release forms helps to equalize the fairness in the legal system since participants must acknowledge that participation in archery does have some element of risk that can't be totally controlled and that they assume this risk. In other words, the archery club will do its best to provide a safe environment, but freak accidents do happen where no one is really to blame.
- 6) If you are worried about your medical bills being paid, a \$25,000 Excess Accident policy is provided for your protection.

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