

COUGAR MOUNTAIN News Briefs



A Monthly Publication of Cougar Mountain Archers, Inc.

Apr/May 2006

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Visit our website at:

www.cougarmountainarchers.com

CLUB CALENDAR

May

02 Meeting, 7 pm

Blueberry Twist Restaurant, Oroville

14 Club Shoot, CMA range

27 & 28 Broadhead Shoot, CMA range

Work Parties: See Past President's message

PRESIDENT'S MESSAGE

My not being at the last meeting just goes to show you that everyone is replaceable. My thanks to Jerry for taking over on short notice, but I had to get to Oklahoma and check on my Brother.

I have since gone to the Range and made an Inspection to see if things are still ship shape. With the exception of a couple of bridges that have been moved from their original foundations, a few bales destroyed by I assume bears and the need of some new plastic bags on some targets, a couple of deadfall across the shooting lanes, yard-age markings are fading and hard to read and a couple of bow racks that could use some work. I think the range has less damage than previous years.

So if Mother nature will be quiet so that we may have a couple of rain free weekends prior to our Broadhead shoot I feel we can take care of everything. See you at the Blueberry Twist on 2 May at 7:00 P.M.

Watachie

Don Harris

PAST PRESIDENT

I would like to invite all members to join us in preparing the range for the upcoming Broadhead Shoot. There are now only 4 weekends left to prepare for this special event.

We will be working on range every Saturday prior to shoot weekend and would enjoy having everyone join us. We will also be getting ready for our Fathers Day Shoot, so come on out and I am sure Don Harris will find something special for you to help with. Besides the work involved there is the camaraderie of your fellow archers. Bring your bows and after the work is done for the day, we can shoot and enjoy the beautiful outdoors. Haven't we all been cooped up enough already?

Thank you to all Darryl

EDITOR'S NOTES

To accommodate the increasing costs of publication, Non-CMA members will be charged a fee of six dollars (\$6) for annual newsletter subscriptions. Please be advised that the newsletter will NOT contain a copy of any CMA official business. *See form*

Just a friendly reminder that Kim and I are doing everything possible to get the publications out on time. If you do not receive your copy by the last week of the month please notify Kim or me and one will be sent out immediately. Please remember to include your current mailing address and phone number.

Thanks to all of you that sent those nice cards and E-mail messages of love, prayers and best

wishes. It's times like these that makes us even more grateful for the friends that support us through our trials. So I say to all of you: "Thank you, my dear friends in archery land, you are true treasures to me and I hold you all very dear to my heart."

Joyce Cabrera

SHOOT RESULTS

Jim and Julie Clawson both took second at the Woodlake Antelope Archers Broken Arrow Shoot on March 4 & 5.

Forest Bailey, Darryl McElmurry and Don Harris all took first at Yolo Bowmen Oasis Shoot at Davis on March 19 while Jim Clawson took second.

Jim Clawson represented Cougar Mountain Archers at West Valley Bowhunters in Orland on April 2.

CBH CALENDAR OF EVENTS, 2006 — NORTH

MAY, 2006

5-7	Straight Arrow Bowhunters Western Classic / NFAA Nationals	Redding	530-247-0710
19-20	IBEP Bowhunter Education Class—Robert Moore e-mail: moorerobtg@msn.com	Orangevale	916-723-6792
20	Sacramento Senior Olympic Games — 9:00 am	Discovery Park Sacramento	916-808-3839
20/21	Diablo Bowmen Red Devil Cartoon Shoot		916-685-4640
21	Ishi Archers Marked 3D Rock Festival	Red Bluff	530-529-4108
27/28	CBH/SAA Broadhead Championship—Cougar Mountain Archers	Challenge	805-278-1486 530-534-0977

Cookin' with Uncle Phil!

Uncle Phil's Wild Turkey alla Pizzaiola

Slice Turkey breast in thin slices. Pound gently until thin.
Lightly salt and pepper and quickly brown in Olive Oil.
Remove turkey from the pan and keep warm.

Pizzaiola Sauce

2-3 Carrots

2 stocks of Celery

1 small Onion

Dice the above ingredients

Place them in the pan with the extra virgin olive oil used to brown the turkey.

Wilt these vegetables (3-5min)

Deglaze the pan with a glass of white wine

Add peeled tomatoes (fresh)

Add Italian Parsley / Basil / Cilantro / salt & pepper (to taste)

Cook until all ingredients are soft. Add the turkey slices back in, cover with the sauce and cook a few minutes until the turkey is hot. Plate the turkey slices and cover with sauce. Serve hot.

This is a variation of a Southern Italian Dish given to me by my son-in-law. They don't use wild turkey but beef is the traditional food for this dish. I have also made this dish with Venison but the meat has to be cut very thin and pounded.

Hints:

- Before slicing the turkey (meat) put it in the freezer for about 45 min. it will be much easier to slice thin
- Cut a cross in the top of the tomatoes and blanch them in hot water they will be easier to peel. Also de-seed the tomatoes; the seeds cause a bitter taste.
- Use Only Wine that you would drink and Extra Virgin Olive Oil (Recommend Giannecchini's Olive Oil)
- The extra sauce can be used with Pasta as a side dish.

THE CALIFORNIA YELPER
Newsletter of the
California Chapter, NWTF

By Phil Martinelli

CELEBRATE!	
Mother's Day May 14	
	Memorial Day May 29



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2006

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